



JOIN US FOR *Free* EXERCISE CLASSES IN CIVIC CENTER PARK

APRIL 24 – OCTOBER 31, 2017

MONDAY EVENINGS: Yoga with
Fold Yoga | 6:00p–7:00p | Great Lawn



TUESDAY LUNCHTIMES: Full-Body Conditioning
with Pearl Street Fitness | 12:15p–1:00p | Broadway Terrace

pearl street fitness

WEDNESDAY MORNINGS: Free Fitness Tribe with
the November Project | 5:30–6:15a & 6:15a–7:00a | Greek Theater

NOVEMBER
PROJECT

THURSDAY LUNCHTIMES: Yoga Cross with
The River & Fitness in the City | 11:00a–12:00p | Broadway Terrace



THURSDAY EVENINGS: Power Vinyasa Yoga
with The River | 6:00p–7:00p | Great Lawn

the River
POWER VINYASA YOGA STUDIO

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